

# Innovations In Research Infrastructure

## RESEARCH TRAILBLAZERS & PATHFINDERS GROUP (2023-25)

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# 0. Summary

## Context

- The NIHR NWL CRN (i) Research **TRAILblazers Group** and, (ii) the Research **PATHfinders Group** are place-based innovations developed to promote the development of 'bottom up' research ideas from the community.
- Both roundtables were established to specifically to address distinct research gaps & needs within NHS & non-NHS settings respectively.
- These innovations symbolise a concerted effort to enhance health & care research delivery, focusing on contemporary issues & topic that matter to people.
- They are part of a larger effort to help position NWL as one of the best places in the world for health & care research.

## Objectives & scope

- Both roundtables were dedicated to addressing a broad spectrum of health & care issues with 'tackling inequalities' & "promoting equality, diversity & inclusion" as cross-cutting themes.
  - **TRAILblazers:** research projects within NHS settings, aiming to directly impact patient care & clinical practices
  - **PATHfinders:** research in *non-NHS* environments, emphasising community health & public health initiatives.

## Key activities & meetings



- Both involved regular meetings to discuss research ideas with a wide mix of stakeholders.
- These meetings facilitated collaboration, idea exchange & progress evaluation, ensuring that the research initiatives remain aligned with their respective objectives.

## Impact & achievements

- **TRAILblazers:** 46 studies, (4 on NIHR portfolio), 172,396 participants recruited overall, 4 grant applications & 32 publications.
- **PATHfinders:** 14 studies, (1 on NIHR portfolio), 49,022 participants recruited overall, 2 grant applications & 3 publications.
- A total of 50 studies (5 are on NIHR portfolio), 35 papers published & 3 grant applications (one successful)
- The [Measuring Loneliness in the UK \(INTERACT\)](#) is the largest global study on loneliness (CPMS 52230; 160,000 ppt -will recruit up to 250K)
- The [Research Heroes Study](#) (CPMS 60665; 45,000 ppt - will recruit to 50K)

## Future direction

- Both groups aim to continue their impactful work, adapting to the evolving landscape of the amalgamated NIHR RDDN North Thames
- Future plans include expanding into critical areas of research interest including enhancing engagement with underserved communities to add value to the three integrated care systems north of the river.

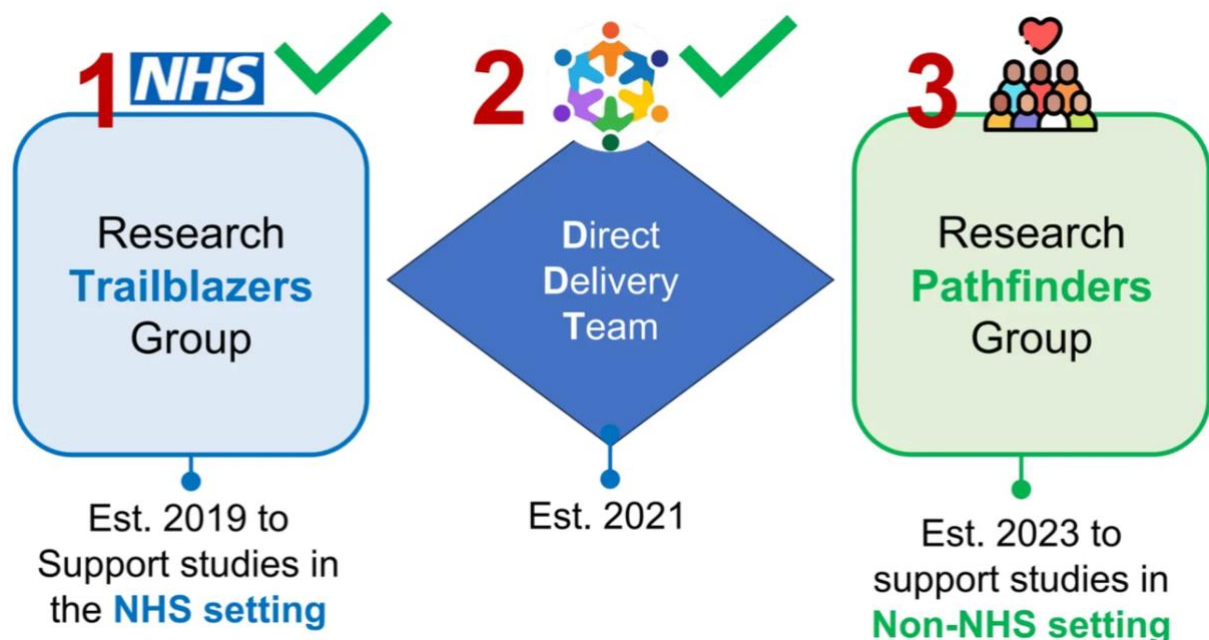
Roundtable		 <b>North West London Research Trailblazer Group (RTBG)</b>	 <b>RESEARCH PATHFINDERS GROUP</b>
Aim & Scope		Facilitate 'bottom-up' health research in NHS settings	Facilitate 'bottom-up' research in <i>non-NHS</i> settings
Number of stakeholders		<b>42</b>	<b>58</b>
Number of studies with ethics		<b>39</b>	<b>12</b>
Total number of accruals		<b>172,396</b> NHS Patients	<b>49,022</b> Community-dwelling adults
Studies on NIHR Portillo		<ol style="list-style-type: none"> <li>1. Use of Short Screening Tool to Tackle Domestic Abuse in Primary Care (<b>RAPID</b>)</li> <li>2. Barriers &amp; Enablers to Accessing HIV PrEP in Community Pharmacy Setting (<b>UNITY</b>)</li> <li>3. Measuring Loneliness in UK Study (<b>INTERACT</b>)</li> <li>4. Patient Perceptions Regarding Non-Doctor Consultations (<b>Dr WHO</b>)</li> <li>5. Barriers &amp; enablers to remote monitoring of blood pressure in the community setting (<b>SUCCESS</b>)</li> </ol>	<ol style="list-style-type: none"> <li>1. Examining the underrepresentation of local populations in research (<b>RESEARCH HEROES</b>)</li> </ol>
Total number of accruals on NIHR portfolio		<b>169,776</b>	<b>45,824</b>
Number of manuscripts		<b>32</b>	<b>3</b>

**Figure 1: Key Outputs**

# 1. Trailblazing research

The NWL [Research TRAILblazers Group](#), established in April 2019 was the brainchild of Sandra O'Sullivan & David Mummery. The purpose of the RTBG initiative was to facilitate a forum where a wide mix of stakeholders from across NWL could use to spearhead the development of their research ideas in NHS settings with dedicated support from the [Self-Care Academic Research Unit \(SCARU\)](#) & the [West London Research Network \(WeLReN\)](#).

Following the successful embedding of the NIHR-funded Direct Delivery Team (the Agile Team) in Local Authorities, a similar group, the **Research PATHfinders Group** was established in April 2023 to spearhead research studies in non-NHS settings, with a focus on community research, research in care homes, schools and local authority. A brief overview is presented in **figure 2** & slide deck link [here](#).



**Figure 2: Innovations in research infrastructure**

## Objectives & Scope

This infrastructure was established to catalyse health & care research from the 'bottom up' that directly impacts patients, people & communities.

Objectives revolved around engaging with local authorities & community stakeholders, recognising their integral role in public health initiatives.

The *TRAILblazers* group sought to streamline the development & delivery of high-quality studies in NHS settings, aiming to broaden the scope of health research beyond the clinical environment. The *PATHfinders* group focused on studies in non-NHS setting, including studies that considered inequalities addressing the diverse needs of the population (**Table 1**).

**Table 1: Roundtable objectives**

<i>TRAILblazers</i>	<i>PATHfinders</i>
<ul style="list-style-type: none"> <li>• Facilitate health &amp; social care research in NHS settings</li> <li>• Collaborate with healthcare professionals &amp; academics to improve patient care</li> <li>• Develop research projects addressing local healthcare challenges</li> <li>• Support protocol development &amp; ethics committee submissions</li> </ul>	<ul style="list-style-type: none"> <li>• Focus on health research in non-NHS settings, such as community &amp; public health</li> <li>• Engage local authorities &amp; community groups in research initiatives</li> <li>• Streamline study development &amp; delivery in non-NHS environments</li> <li>• Foster collaborations for comprehensive health strategies</li> <li>•</li> </ul>

### **Funding & constitution**

The initiatives were resourced using capacity building seed funding from CRN NWL, initially leading to the recruitment of 1.0 FTE (2x0.5 FTE) Research Assistant, increasing to resource 3.0FTE by April 2024. Both roundtables are supported by SCARU Research Assistants (**Aos Alaa** [MSc], **Manisha Karki** [BN, MPH], **Eva Riboli Sasco** [MA], **Mahmoud Al Ammouri** [MBBS, MPH] & **Sami Altalib** [MBBS, MPH]).

Both groups were facilitated by **Austen El-Osta** (Research Manager), **David Mummery** (Primary Care Speciality Theme) & **Arti Sharma** (Local Authority Engagement Lead). Both roundtables were commissioned by **Sandra O'Sullivan** (CRN NWL Research Delivery Manager).

### **Terms of Reference**

The Terms of Reference (ToR) for each group were drafted & ratified in inaugural roundtable meetings. An electronic survey was disseminated pan-NWL to capture responses, research ideas & elicit interest from a variety of stakeholders (NHS, General Practitioners, Nurses, Directors of Public Health, Local Authority leads, GP Federations, Primary Care Networks, Voluntary Sector Organisations, Community Research Champions, Mental Health Trusts, Healthwatch & PPI leads).

### **Operational meetings**

The roundtables met quarterly to discuss research ideas that members feel are relevant for our patient population in NWL & what mechanisms could be put in place to support local stakeholders with protocol development.

### **Ethics & outputs**

The resulting study pack for each study received a favourable opinion from the relevant ethic committee (Imperial REC or NHS REC). A report & scholarly manuscript were produced for each completed study, with the relevant trailblazer included as co-authors. Where possible, research proposals were developed with a view to apply for funding so that studies can be adopted onto the NIHR portfolio. Accruals resulting from NIHR portfolio studies were mapped to the relevant cite (including Imperial Health NHS Trust)

# 2. Output

## 2.1 *TRAILblazers*

The list of 39 studies is shown in **Table 2**. Key achievements included:

- Initiating various studies on topics from mental health treatments to digital health efficacy
- Effectively recruiting for studies, boosting community engagement & healthcare knowledge (167,012 accruals)
- Publishing findings in open-access peer-reviewed journals to disseminate research widely (28 manuscripts thus far)

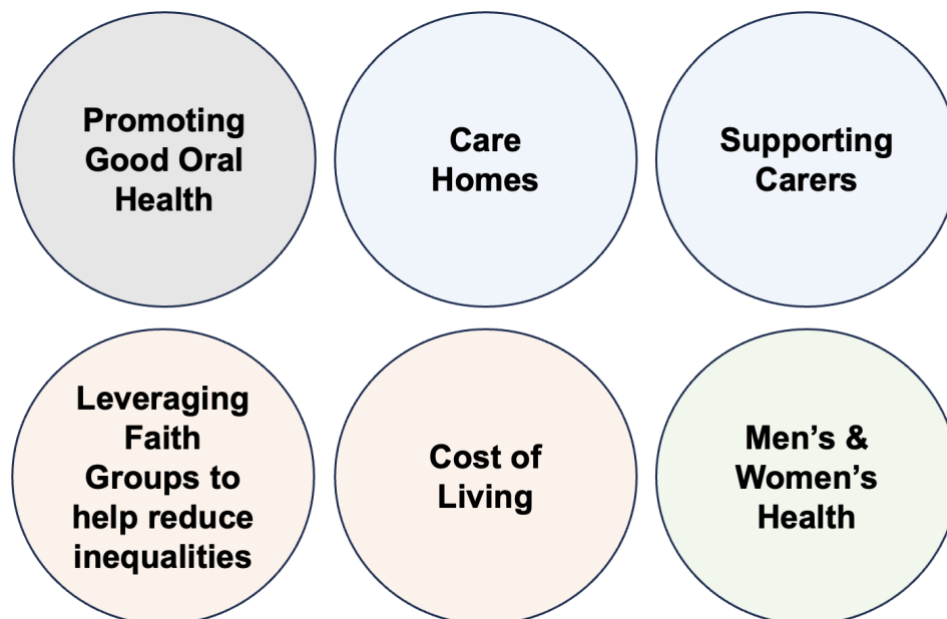
## 2.2 *PATHfinders*

The list of 12 studies is shown in **Table 3** overleaf.

Key accomplishments:

- Spearheading initiatives that deliver crucial insights into health promotion & disease prevention
- Conducting studies that inform local health policies, showcasing RPFPG's pivotal role in devising health strategies.
- Collaborating with local authorities & community groups to ensure a holistic, inclusive approach to health & wellbeing.

A key feature of the *PATHfinders* group includes hosting several thematic roundtables to spearhead the development of studies in these areas of common research interest (**figure 3**).



**Figure 3: Thematic roundtables to help address areas of research interests**

## Table 2: *TRAILblazers* (NHS Setting)

Acronym	Study Title	Aims	Ethics	Investigator	Recruit ment	Outputs / Notes
SOLO	Characterising the impact of COVID-19 lockdown on the mental health of parents & school children	Investigate the impact of the COVID-19 lockdown on the mental health of parents & their school children in the first 100 days of lockdown	ICREC: 20IC5978	Austen El-Osta	1214	<ul style="list-style-type: none"> <li>• <a href="#">BMJ paper</a></li> <li>• <a href="#">Blog</a></li> <li>• ICL PH magazine</li> </ul>
INTERACT 1	Measuring Loneliness in UK (NHS Patients)	Measure the prevalence of SI&L in the community setting	NHS REC: 305483 ICREC: 21IC6950	Austen El-Osta	164,028	H&F site + BSL + Study Page + Video +
INTERACT 2	Loneliness in Care Homes	Measure the prevalence of loneliness in the care home setting	ICREC: 21IC6950	Austen El-Osta	282	<a href="#">Study page</a>
INTERACT 3	Loneliness in NHS workforce	Measure the prevalence of loneliness in NHS workforce	ICREC: 21IC6950	Austen El-Osta	Expected sample = 1,200	Survey + initial manuscript draft
UNITY 1	HIV PrEP in Pharmacy (NHS patients)	Identify the barriers & facilitators for the routine provision of HIV pre-exposure prophylaxis (PrEP) in the community pharmacy setting in the UK	NHS REC: 304648 ICREC: 21IC6934	Terrence Higgins Trust	15,000	Manuscript (Draft)
UNITY 2	HIV PrEP in Pharmacy (pharmacists)	Assess the knowledge, attitudes & perceptions of HCPs & members of the community regarding the provision of HIV PrEP in the community pharmacy setting	ICREC: 21IC6934	Marsha Alter & Shivali Lakhani	110	Manuscript (draft)
RAPID	Tackling Domestic Abuse in Primary Care	1. Investigate the public awareness, attitudes & perceptions towards DVA & explored mechanisms to tackle DVA in the community setting in the UK. 2. explore the use of a short DA screening tool in primary care settings, particularly the association of history of abuse with WAST-short score.	IRAS: 302611 ICREC: 21IC6721	Vasu Siva	29,628	1. <a href="#">BMC</a> 2. <a href="#">BMC Primary care</a> preprint 3. BJGP preprint - <a href="#">Always &amp; Never About Money</a> - <a href="#">Greater London Youth Foundation presents the Mikey Bhari show</a> <a href="#">Children who see domestic abuse are victims too - Beyond healthcare (hiyos.org)</a> 1. <a href="#">Identifying patients experiencing domestic violence &amp; abuse in general practice</a> 2. <a href="#">Top tips: Identifying domestic abuse</a> 3. <a href="#">CPD: Identifying &amp; supporting domestic abuse victim</a> 4. <a href="#">Routine screening for domestic abuse – BJGP</a> 5. <a href="#">How we proactively identify &amp; support our victims of domestic abuse in our practice – BJGP Life</a> 6. <a href="#">Viewpoint: Why NICE guidance on domestic abuse needs to be updated</a> 7. <a href="#">Putting an end to domestic abuse</a> 8. <a href="#">Understand the Role of Primary Care in Tackling Domestic Abuse</a> 9. <a href="#">Improving the management of domestic abuse in general practice</a> - <a href="#">Around Ealing Magazine - How can we play a part in ending domestic abuse?</a> <a href="#">Domestic abuse as a PUN &amp; DEN for appraisal</a> <a href="#">Addressing domestic abuse within the healthcare profession</a> - <a href="#">Primary care hot topics: Identifying &amp; supporting patients experiencing domestic abuse:</a>
Dr WHO	Non-Doctor Consultations in Primary Care	Assess the knowledge, attitudes & perceptions of patients & NHS staff towards the incorporation of non-doctor clinicians in the NHS primary care setting	IRAS ID: 286438 ICREC: 20IC5916	Julie Belton	Expected sample = 6,000	Survey + initial manuscript draft



Acronym	Study Title	Aims	Ethics	Investigator	Recruitment	Outputs / Notes
SUCCESS 1	Investigating enablers & barriers for effective self-monitoring of blood pressure in the home & community setting	Identify extant enablers & barriers for effective self-monitoring of blood pressure in the home setting	NHS REC: TBC	Austen El-Osta	TBC	• TBC
SUCCESS 2	Investigating barriers & facilitators for the successful implementation of the BP@home initiative in London: primary care perspectives	Identify barriers & facilitators to the implementation of the initiative based on the experience & perspectives of programme managers & HCPs involved in its implementation in London	ICREC: 22IC7676	Austen El-Osta	20	• <a href="#">Pan London Executive Summary</a> • Manuscript (submitted to Plos One)
SUCCESS 3	Evaluation of the role of IT to streamline delivery of BP@home	Identify the main barriers & drivers to the successful implementation & use of digital tools to support BP@home in North Central London (NCL)	ICREC: 22IC7676	Katie Coleman	12	• <a href="#">NCL IT Focus Report</a>
DECISION	Assessing acceptability & usability of an integrated decision support tool to support diagnosis, referrals & treatment of pelvic floor dysfunctions	Evaluate the acceptability & usability of an integrated decision support tool to support diagnosis, referral & treatment of specific PFDs (eg: nocturia) for HCPs & Community Dwelling Adults	ICREC: TBC	Marcus Drake	TBC	TBC
AIRSTRIP	Effectiveness of NHS Community Pharmacy Consultation Service (CPCS) (AIRSTRIP)	Investigate awareness, knowledge, attitudes & perceptions of primary care physicians & pharmacy staff as regards CPCS & its potential to improve access to treatment & services	RGIT no: 684514	Manraj Sura & Ashpreet Matharu	46	Manuscript (draft)
FABCOM 1	Knowledge, attitudes & practices associated with Vitamin D supplementation (QUANT)	Assess knowledge, attitudes & practices of community dwelling adults regarding vitamin D supplementation	ICREC: 20IC6433	Nuttan Tanna	556	<a href="#">Plos One paper</a>
FABCOM 2	Knowledge, attitudes & practices associated with Vitamin D supplementation (QUAL)	Investigate perceived barriers & drivers to vitamin D supplementation in the community setting	ICREC: 20IC6433	Nuttan Tanna	21	Manuscript (draft)
PRISM	Understanding pregnancy risk perceptions among community-dwelling adults with child-bearing potential (PRISM) Study	Assess the level of awareness among people with child-bearing potential in the UK regarding critical risks & signs during pregnancy that necessitate seeking professional help.	ICREC: TBC	Philip Steer	-	Survey + initial manuscript draft
VELOCITY	Investigating the social & financial ROI potential of physical activity uptake Initiatives in workplaces & higher education settings	Evaluate the effectiveness of Imperial's MOVE MORE wellbeing initiative in increasing the total levels of physical activity of staff	ICREC: 6810614	Austen El-Osta	TBC	TBC
EMBED	Embedding Work Coaches in GP Practices	Investigate the impact of embedding work coaches & disability employment advisors within GP practices. With a focus on the perceived advantages & challenges of having WCs integrated into primary care, as reported by GPs & WCs	ICREC: 6707744	Shriti Pattani	12 (interviews) + 100 from survey (expected)	Manuscript draft
RESEARCH REALMS	Investigating drivers & barriers to facilitating research in non-NH settings	Demystifying nomenclature, methods & approaches used to conduct health & care research	20IC6379	Austen El-Osta	39	1 x research abstract (Local Authority Public Health Research Conference). 1 x paper is prep



Acronym	Study Title	Aims	Ethics	Investigator	Recruit ment	Outputs / Notes
MANUAL	Barriers & drivers for adoption of hormone replacement therapy in men	Identify extant barriers & drivers for successful adoption of testosterone replacement therapy in testosterone deficient men	ICREC: TBC	Vivian Liu & David Huang	Total sample needed = 1,500	Survey + initial manuscript draft
Self-Care Pharmacy First	Promoting paediatric assisted self-care in the community pharmacy setting (self-care pharmacy first)	To identify the extant drivers & barriers to a paediatric care in the community pharmacy setting.	ICREC: TBC	Marsha Alter & Shivali Lakhani	TBC	Survey + initial manuscript draft
COMPETENC E	Characterising barriers & drivers for the routine adoption of health-seeking self-care behaviours in the workplace	Identify drivers & barriers for the routine adoption of health seeking self-care behaviours in the workplace	ICREC: 21IC7371	Austen El-Osta & Laura Kudrma	1,080	Manuscript draft ready for submission
LIBRARIES 4 HEALTH	Public Libraries to Promote Public Health & Wellbeing: A cross-sectional study of community-dwelling adults	To explore the potential of libraries as community hubs to promote mental & physical health & wellbeing.	ICREC: 21IC7274	Austen El-Osta (+ LBH&F Libraries)	607	<a href="#">Preprint BMC</a>
Pan-London Wellbeing	Core Components of Joint Health & Wellbeing Strategies: a pan-London audit study of all 33 local authorities	Characterise the key health & wellbeing components of existing & emerging health & wellbeing strategies of 33 local authorities in London.	N/A	Bathsheeba Mali	NA	Preprint
Health Place	What is the potential of digital aggregators to support the mental health of children & young people? Findings from a community survey in the UK	Understand how people in the community, especially young adults, perceived the importance & effectiveness of online resources for supporting mental health & wellbeing.	ICREC: 22IC7763	Matthew Pike	614	Preprint
STEPDOWN	Qualitative study of practices & challenges of stepping down asthma medication in primary care	Investigate challenges of supporting patients to step down from asthma medication	20IC6236	Chloe Bloom	N/A	1 research paper. 1x NIHR Research
SECURE	GP perceptions of secure video consultations by community pharmacy	To assess the knowledge, attitude & perceptions (KAP) of patient groups to the secure video consultations in community pharmacy	20IC6139	Hala Abusin	135	TBC
OSCAR	General Perceptions of Online Symptom Checkers	To assess the knowledge, attitude & perceptions (KAP) of patient groups to the use of online/smartphone symptom checkers	20IC5974	Austen El-Osta	30	TBC
AHEAD	Qualitative survey examining people's perception of where & how they caught Covid-19	To assess the knowledge, attitude & perceptions (KAP) of participants as regards how they contacted SARS-CoV-2 virus to help identify the more common transmission route in people who tested positive to coronavirus, or who developed Covid-19	20IC6136	Jonathan Car Brown	TBC	TBC
PREPARE	Understanding drivers & barriers to promoting self-care in Individuals living with multi-morbidities &/or frailty	Understand health & care professionals regarding potential for self-care to alter the disease trajectory of people with multimorbidity	TBC	Austen El-Osta	TBC	TBC

Acronym	Study Title	Aims	Ethics	Investigator	Recruitment	Outputs / Notes
ESME	Experience & severity of menopause symptoms	Understanding the needs & motivations of women when seeking health information around menopause	20IC6389	Fernanda Dobal	1,569	<a href="#">BMC Women's Health Publication</a>
MULTITASK	Multitasking in General Practice	Investigate the impact of multi-tasking on the quality of delivery of primary care	TBC	Camile Gajra	TBC	TBC
HYDROFAST	Optimising re-hydration with isotonic fluids following periods of dry fasting	Compare the rehydration potential of water, ORS & ID as measured by cognitive function following a prolonged period of dry fasting	TBC	Mohammad Akram	TBC	TBC
SELFIE	Gamifying Self-Care: exploring the impact of the Heyr app on mental health & wellbeing among Gen Z	Assess the usability, acceptability, safety, effectiveness & preliminary impact of the HEYR app on user's self-care practices, mental health & mental wellbeing	TBC	Kevin Kwong	TBC	Case study on Real World Evidence Generation with Digital Health London

## Table 3: *PATHfinders* (non-NHS setting)

	Acronym	Study Title	Aim	Portfolio	Ethics	Investigator	Trailblazer	Recruitment	Output / Notes
1	FUTURE BRAIN	Investigating Public Perceptions About Brain Computer Interfaces	Investigate the knowledge, attitude & practices of community dwelling adults regarding brain computer interfaces for medical & personal enhancement.	N	ICREC: 6887726	Shujhat Khan	Eva Riboli-Sasco & Mahmoud Al Ammouri	806	Manuscript draft
2	FOOD BANK	Supporting the mental health & wellbeing of people living with low food security (INCLUSION) Study	Determine if reducing the need for multiple visits (& vouchers) to access food parcels from the foodbank can help tackle food insecurity & improve the mental health & physical wellbeing of service users.	N	RGIT: 6310462	Gary Bellamy	Manisha Karki	TBC	Manuscript draft
3	HARROW MATERNITY	Characterising barriers & drivers for timely access to maternity support services in Northwest London (MISSES) Study	Characterise extant barriers & drivers to timely access to maternity support services in Northwest London for ethnic minority groups	N	ICREC: 6348412	Laurence Gibson	Manisha Karki	TBC	Survey + initial manuscript draft
4	EASIEST	Investigating enablers & barriers to the streamlined delivery of carer's assessments in the community setting	Assess knowledge, attitudes & practices of unpaid carers & social care professionals as regards barriers & drivers to the streamlined delivery of carers assessments in the community setting	TBC	STEREC: 6913226	Austen El-Osta	Eva Riboli-Sasco	TBC	Secured funding with UnLtd & Year Here Award winner at the Foundervine & Lloyds Bank Early-Stage Accelerator Attended the SMART City expo in Spain as part of the UK delegation Successful application to the School of Social Enterprise 2024 London Southbank University will create a Research Paper regarding the technical architecture of Just Once & Local Government
5	CYP HEALTH CHECKS	Health Promotion for Children & Young People: Evidence, Effectiveness & Implementation of using Health Checks	Identify CYP & their parent's knowledge, attitudes, perceptions & behaviours regarding health checks for CYP	N	TBC	Aamena Bharmal TBC	Mahmoud Al Ammouri	TBC	TBC
6	HOPE BEYOND STREETS	Mixed Methods Evaluation of Locally Commissioned Service (LCS) for people experiencing homelessness in Enfield	Investigate barriers & enablers for the development of a fit-for-purpose & sustainable local enhanced primary care services tailored to support the health & wellbeing needs of PEH in London.	N	TBC	Renata Chavda	Manisha Karki	TBC	Survey + initial manuscript draft
7	RESEARCH HEROES	Research Heroes Study: Examining the underrepresentation of local populations in research	Investigate the factors that contribute to the underrepresentation of local population groups in research.	Y	ICREC: 6658968	Sandra O'Sullivan, Laura Mitchel et al.,	Manisha Karki	TBC	Survey + initial manuscript draft
8	HIQUALITY	Primary care led community engagement initiative to tackle health inequalities	Characterise primary care (GP & PCN) barriers & drivers for the routine use of effective community engagement approaches to tackle health inequalities in London.	N	TBC	Leonara Weil & Datapwa	Manisha Karki	382	Survey + initial manuscript draft
9	IMPROVEMENT	A Strategy for improving the uptake of Flu vaccination for staff working in a London Borough's Nursing Homes study	Investigate influenza vaccine uptake patterns among nursing home staff to inform the development & implementation of interventions for reducing barriers & reasons for low uptake.	N	TBC	Austen El-Osta	Sami Altalib	TBC	TBC
10	PENTATHLON	Evaluation of Southwest London Integrated Care Board (SWL ICB) Pentathlon Community Health Development Programme	Characterise the early benefits of the Pentathlon programme & determine if participants have made any changes to improve their health & wellbeing (including promoting self-management of their LTC if this qualifies).	N	TBC	Thomas Herweiger	Mahmoud Al Ammouri	TBC	TBC
12	OPTIMISE	Optimising care for incontinence in care homes	TBC			Nno Santos Lopes	TBC	TBC	TBC

# Exposé

## The Measuring Loneliness in UK (INTERACT) Study

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- Aim is to 'measure' how lonely people feel across UK using a an online survey translated in 11 languages to ensure it is accessible
- Link to study main page: <https://www.imperial.ac.uk/school-public-health/primary-care-and-public-health/research/scaru/measuring-loneliness-in-uk-interact-study/>
- Imperial & NHS REC allows us to recruit from across the UK with CRN support – including from care homes & other settings.
- Recruited over 160,000 participants so far. This included national mailout from Be Part of Research Network
- We produced some awesome 'heat maps' of where lonely people dwell. Now developing several papers (output)
- Link to social media tweet: <https://x.com/austenelosta/status/1793296957001044455>


## The RESEARCH HEROES Study

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- Aim is to investigate barriers & enablers for people who are generally under-represented in research to take more interest in participating.
- Study outline here: [Research Heroes Study](#)
- Study was co-produced with community champions & VCS (All Manar & The Nourish Hib).
- Survey available in 11 languages to ensure it is inclusive / accessible.
- Held the Research Heroes Roundtable Event: Making Research Everybody's Business (21 Jan): [Eventbrite](#). A total of 32 delegates (the majority from the community) participated in the face-to-face event
- We recruited over 45,000 participants for this study. This included national mailout from Be Part of Research Network.
- Recruitment will continue until we reach 50,000 target sample.

# Researcher Spotlight

<p><b>Tackling Domestic Abuse in Primary Care (RAPID) Study</b></p> <p><b>Dr Vasumathy Sivarajasinga</b></p>		
<p>IRAS: 302611 ICREC: 21IC6721 Project supported by Manisha Karki</p>		
<p><b>RAPID study Aims:</b></p> <ol style="list-style-type: none"> <li>1. Investigate the public awareness, attitudes &amp; perceptions towards DVA &amp; explored mechanisms to tackle DVA in the community setting in the UK.</li> <li>2. Explore the use of a short DA screening tool in primary care settings, particularly the association of history of abuse with WAST-short score.</li> </ol>		
<p><b>The NIHR Portfolio study recruited 29,628 NHS patients</b></p>		
<p><b>Resulted in 21 artifacts</b> (publications in open access per reviewed journals, conference presentations, preprints, podcasts &amp; articles) as below:</p> <ol style="list-style-type: none"> <li>1. <a href="#">BMC</a></li> <li>2. <a href="#">BMC Primary care</a> preprint</li> <li>3. BJGP Research Conference Poster Presentations (2023)</li> <li>4. Connect centre for international research on interpersonal violence and harm conference presentation (2022)</li> <li>5. <a href="#">Always &amp; Never About Money</a></li> <li>6. <a href="#">Greater London Youth Foundation presents the Mikey Bhari show</a></li> <li>7. <a href="#">Children who see domestic abuse are victims too - Beyond healthcare (hiyos.org)</a></li> <li>8. <a href="#">Identifying patients experiencing domestic violence &amp; abuse in general practice</a></li> <li>9. <a href="#">Top tips: Identifying domestic abuse</a></li> <li>10. <a href="#">CPD: Identifying &amp; supporting domestic abuse victim</a></li> <li>11. <a href="#">Routine screening for domestic abuse – BJGP</a></li> <li>12. <a href="#">How we proactively identify &amp; support our victims of domestic abuse in our practice –</a></li> <li>13. <a href="#">Viewpoint: Why NICE guidance on domestic abuse needs to be updated</a></li> <li>14. <a href="#">Putting an end to domestic abuse</a></li> <li>15. <a href="#">-Understand the Role of Primary Care in Tackling Domestic Abuse</a></li> <li>16. <a href="#">-Improving the management of domestic abuse in general practice</a></li> <li>17. <a href="#">-Around Ealing Magazine - How can we play a part in ending domestic abuse?</a></li> <li>18. <a href="#">Domestic abuse as a PUN &amp; DEN for appraisal</a></li> <li>19. <a href="#">Addressing domestic abuse within the healthcare profession</a></li> <li>20. <a href="#">-Primary care hot topics: Identifying &amp; supporting patients experiencing domestic abuse:</a></li> <li>21. <a href="#">Shattering the Silence Around Domestic Abuse (medscape.co.uk)</a></li> </ol>		

<p><b>Leveraging technological innovations to streamline delivery of carers assessment (EASIEST) Study</b></p> <p><b>Michael Faucher Follie Jordan</b></p>		
<p>IRAS: 302611 ICREC: 21IC6721 Project supported by Eva Robili Sasco</p>		
<p><b>Research questions</b></p> <ol style="list-style-type: none"> <li>1. What are top priorities/needs for carers?</li> <li>2. How can we leverage technology to reduce the time it takes to complete social care assessment (30 days to 15min)?</li> </ol>		
<p><b>Output</b></p> <ul style="list-style-type: none"> <li>• Secured funding with UnLtd &amp; Year Here</li> <li>• Award winner at the Foundervine &amp; Lloyds Bank Early-Stage Accelerator</li> <li>• Attended the SMART City expo in Spain as part of the UK delegation</li> <li>• Successful application to the School of Social Enterprise 2024</li> <li>• London Southbank University will create a Research Paper regarding the technical architecture of Just Once &amp; Local Government</li> </ul>		

# 3. Future directions

- Complete existing portfolio of open research studies
- Finalise recruitment into the [Measuring Loneliness in the UK \(INTERACT\)](#) is the largest global study on loneliness (CPMS 52230; 160,000 ppt -will recruit up to 250K)
- Finalise recruitment into the [Research Heroes Study](#) (CPMS 60665; 45,000 ppt - will recruit to 50K)
- Report & dissemination activities including involvement of PPI group to communicate the findings of our research portfolio
- Consider how the infrastructure could be refined to ensure alignment with regional research priorities

## Sustainability

- We will apply to the DDRN Strategic Funding Call (by 14 Feb) with a proposal that we hope would succeed.
- Our proposal will seek to extend funding for the Research Trailblazers & Pathfinders groups & to align fully with RRDN & ICS strategic objectives & the national areas of research interests.

**End.**